



To feed the hungry and help them become self-sufficient

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... WITH A PASSION FOR FEEDING THE HUNGRY

Four 40-foot ocean containers carrying 75 metric tons of dehydrated soup has arrived at the Constanta seaport in Romania. After many long hours of manual labor, the containers were unloaded at their respective destinations and distribution to the needy of that country is now underway. A complete account of the ongoing humanitarian work in Romania can be found on our website at www.hungerplus.org/success_stories.html

In the spring of 2003, the Cesar Chavez Project was conceived. The purpose of the project is to commemorate and celebrate the birthday, the memory and the legacy of Cesar Estrada Chavez and empower the migrant farm worker (campesino) to be self-sufficient, literate, and live with dignity. The Farm Worker Center (El Centro de Trabajadores Agricolas Fronterizos), based in El Paso, Texas, opened in 1995 as a multi-purpose center providing social services to migrant farm workers and their families. The Farm Worker Center is an institution established to support and serve seasonal migrant farm workers. The Center's first fundraiser dinner featured presentations by friends of Cesar E. Chavez who shared their memories and personal insights on the life, times and struggles of Cesar E. Chavez. Proceeds of the event will go towards the establishment of a Cesar E. Chavez Scholarship Fund, with a portion of the proceeds going to the Sin Fronteras Migrant Farm Worker Center.

Hunger persists in the U.S.

- 34.9 million people—including almost 13 million children—live in households that experience hunger or the risk of hunger. This represents more than one in ten households in the United States (11.1 percent).
- 3.5 percent of U.S. households experience hunger. Some people in these households frequently skip meals or eat too little, sometimes going without food for a whole day. 9.5 million people, including 3 million children, live in these homes.
- 7.6 percent of U.S. households are at risk of hunger. Members of these households have lower quality diets or must resort to seeking emergency food because they cannot always afford the food they need. 25.5 million people, including 10 million children, live in these homes.
- Preschool and school-aged children who experience severe hunger have higher levels of chronic illness, anxiety and depression, and behavior problems than children with no hunger, according to a recent study. <http://www.bread.org/hungerbasics/domestic.html>

Almost one in six persons walking the earth today is hungry. We are telling you this so you can decide on how to prioritize your giving for the coming year. We know there are many worthwhile causes. At Hunger Plus, Inc. we just believe that starting with the greatest human needs first is worth your consideration, and hunger is REAL even if it is not readily apparent in each of our neighborhoods. At Hunger Plus, Inc. we are not about money, but we are about human needs. We are not about begging, groveling or cajoling. These ways of getting your support are degrading not only to you, but also to those who are served by your donations. Their condition is humiliating enough. At Hunger Plus, Inc. we are about explaining the needs of people who have no way of explaining their condition to you. If your heart is touched and you decide to respond, all we can do is promise you that your donations will be applied to meet the needs of those we describe to you.



*Not we say about our blessings, but how we use them,
the true measure of our thanksgiving.
--Wt Purkiser*

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