

## ... WITH A PASSION FOR FEEDING THE HUNGRY

**Rice is life** for thousands of millions of people. It is deeply embedded in the cultural heritage of their societies. It is the staple food for more than half of the world population. Rice is the predominant staple food for 17 countries in Asia and the Pacific, nine countries in North and South America and eight countries in Africa. Rice provides 20 percent of the world's dietary energy supply, while wheat supplies 19 percent and maize 5 percent. In addition to being a rich source of dietary energy, rice is a good source of thiamine, riboflavin and niacin. Unmilled rice contains a significant amount of dietary fiber.

**A team** of Rotarians and two cameramen traveled to Mexico in February to meet with the Tarahumara Indian communities that are suffering from the effects of a multi-year drought. There are approximately 60,000 Tarahumara and it is estimated that approximately 20% are starving. We hope to set up pilot projects with one or two communities to see if we can help them improve their crop production, which will lead to improved nutrition and better health.

**Rotary District 5730** clubs have continued to raise money for the tsunami victims with much of it being earmarked for the Hunger Plus effort. Recently the Odessa club had PDG J.B., Roberts, Chairman of Hunger Plus at their club to present him with a check from club members and the club for over \$4,700. Rotarian J. B. Cone had challenged the members to put in \$100 each. The Greater Odessa club has contributed \$2,400, Levelland Rotary Club has contributed \$600, East Amarillo Rotary Club has contributed \$270, Plainview Rotary Club has contributed \$1,400 and Muleshoe Rotary Club has contributed \$1,464. Other clubs have also contributed to this effort. Hunger Plus is in the process of determining the best way to get the funding to where it will do the most good. Hunger is a worldwide program that Hunger Plus is working to alleviate with projects that not only feed people, but help them become self-reliant. Projects include drip irrigation water wells, agricultural equipment and seeds/seedlings.

**A Lesson in Multiplying Money** By Ed Douglass, Co-Chair, World Community Service D-6220  
The Edgewood Orchard Galleries has given the Rotary Club of Sturgeon Bay, Wisconsin a total of \$7,500, to date. The club is passing the donation on to the Rotary Hunger Plus Program, but not without multiplying the contribution along the way. With Rotarian Eric Paulsen's help, District 6220 has added \$430 to the Galleries' contribution. Hunger Plus has gathered contributions from three other Rotary districts in Texas and Arizona, amounting to another \$13,000. The total amount of \$20,930 will be submitted to the Rotary International Foundation for a dollar-for-dollar match before the end of March. The money will be used to drill a water well and install a water distribution network in a rural community in Nicaragua. One of the Rotary clubs in Managua, the capital, will oversee the project. The contribution from Edgewood Orchard Galleries came from the sale of a cookbook that was published recently by Anne and Nell Emerson, the owners of the gallery. The cookbook's title is, *An Artist's Food for Thought: a collection of recipes, memories and art*. It contains favorite recipes from Edgewood Orchard Galleries' artists, staff and family, along with gorgeous artwork related to food that have been on display at the gallery. The intent is to benefit programs that are fighting hunger here at home and elsewhere in the world as well as to celebrate the gallery's 35<sup>th</sup> anniversary.

Copies of the Edgewood Orchard Galleries cookbook are for sale for \$20, plus \$1.10 sales tax for Wisconsin residents and \$3.00 for shipping and handling (\$2.00 for each additional book). To order, contact the gallery at 4140 Peninsula Players Road, Fish Creek, WI 54212, or by telephone at (920) 868-3579, or by fax at (920) 868-3806.



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