

*... WITH A PASSION FOR FEEDING THE HUNGRY*



**Poverty, malnutrition and starvation** is terribly harsh and ugly, and much too prevalent. The following link is a grim reminder of what Hunger Plus and other humanitarian organizations are fighting against in Africa and other places around the world.

<http://www.npr.org/templates/story/story.php?storyId=5241442>

**Surviving malnutrition is only part of the battle in Africa.** African children who survive malnutrition face additional challenges growing up, as physical and mental problems may continue into adulthood. An estimated 33 million children under the age of 5 in sub-Saharan Africa are suffering from malnutrition, and governments only recently have begun preventative measures, including iodizing salt and adding nutrients to flour.

International Herald Tribune (12/28)



**The Tarahumara Indians** are an indigenous tribe living in the Sierra Madre Mountains of northern Mexico. Tribal numbers are estimated to be around 15,000. They are primarily subsistence farm families living in scattered communities in the mountain valleys and hillsides. The primary problems the Tarahumara face are:

- Insufficient and contaminated water supplies
- Insufficient medical and dental care
- Poor soils and inadequate soil management
- Lack of adequate communications
- Malnutrition

Community development projects, such as the ones we are involved in with the Tarahumara are designed to provide long term integrated solutions to community problems. These community development projects are by nature slow, time consuming and more difficult. However, community development projects impart knowledge, develop self-sufficiency, increase community pride and create good will and increase international understanding.

Pilot projects have been initiated in response to Tarahumara community requests for assistance. Projects are underway in the following areas:

- Water development
- Water purification
- Soil management
- Infant nutrition
- Communications development
- Medical equipment and supplies

You and your organization can do much to assist in the community development projects in the Sierra Madre. You and your organization can sponsor a new well or dam project or sponsor a new water purifier; purchase Veza seed to improve soil fertility; sponsor soil testing or communications equipment; sponsor a shipment of Powerflour or Power Oat flour; or sponsor a shipment of medical equipment. If you are interested in traveling to Mexico to see projects in progress and become directly involved in those projects, please contact Bob Kuck at [bobkuck@sympatico.ca](mailto:bobkuck@sympatico.ca)

**THINK            THINK            THINK**

*"I shall pass through this world but once. Any good therefore that I can do or any kindness that I can show to any human being let me do it now. Let me not defer or neglect it, for I shall not pass this way again."*      *Author Unknown*

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