

# HUNGER AT HOME AND ABROAD

## Ideas for Hunger Projects Your Club/District Can Promote At Home and Abroad

### HUNGER AT HOME

- Invite qualified speakers on domestic hunger to address your District Conference.
- Encourage clubs to invite speakers on domestic hunger to club meetings.
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- Ask clubs to form a hunger committee and to conduct a community survey of all local institutions dealing with hunger. Identify unmet needs and form a plan to correct them.
- Appoint a “hunger chairman” for your district and ask clubs to appoint a local hunger chairman.
- Consider the plight of native and other minority communities with needs and seek solutions in partnership with them.
- Promote nutrition and food preparation classes for low-income families.
- Investigate the plight of elderly “house-bound” residents of communities and their nutritional needs.
- Work with “women’s shelters” and “homeless shelters” and help them meet the nutritional needs of their residents.
- Inform clubs about The Rotary Foundation CAP Program to extend their dollars and encourage greater participation.
- Partner with other organizations struggling to maintain their worthwhile food projects.
- Encourage local media to “spotlight” community food needs and recognize those who are working to correct them.
- Create an annual award to recognize volunteers who “make a difference” in local communities.
- Cooperate with local schools in “creating awareness” of hunger issues and invite student participation.
- Encourage Interactors and Rotaractors to consider hunger projects or participate with local clubs in theirs. Arrange a “hunger summit” of clubs, charity organizations, religious groups, government agencies and volunteers to coordinate hunger programs.
- Help local schools increase attendance and performance by developing a breakfast/lunch program.
- Adopt an orphanage and help them meet their nutrition needs.
- Establish a “vitamin program” where there are food deficiencies to reduce the effects of malnutrition.
- Ask local clubs to “go hungry” for one meeting per month and contribute the savings to a hunger project.
- Host a district meeting on how to get food assistance, then recommended international agencies to partner with, and the criteria for participation of each.
- Set up a community garden on vacant lots, help gardeners install drip irrigation, and provide training in gardening techniques.
- Arrange for donations of surplus foods from local restaurants to feed the hungry.
- Set up a food pantry.
- Set a district goal for club involvement in hunger projects and put a plan of action in place that includes recognition of accomplishment.

### HUNGER ABROAD

- Invite qualified speakers on international hunger, its causes and its effects, to address your District Conference and/or invite representatives of service providers to speak.
- Encourage clubs to invite speakers on international hunger to club meetings and/or invite representatives of service providers to speak.

- Appoint a “hunger chairman” for your District and ask clubs to appoint a local hunger chairman.
- Present clubs with a list of international food projects available for adoption, and assist them in selecting and initiating them.
- Research and document a feeding/nutrition project(s) and submit it(them) for adoption/partnering with other club(s).
- Develop a list of local Rotary resources that can be applied to hunger reduction at home and abroad and share this information with the Rotary International Hunger Task Force.  
Rotarians/companies/products/programs, etc.
- Encourage Interactors and Rotaractors to consider hunger projects or participate with local clubs in theirs.
- Develop an international hunger presentation that can be taken to local schools to "create awareness and promote understanding".
- Ask clubs to prepare early to respond appropriately to the next international disaster that is certain to occur somewhere in the world.
- Encourage “sister club” relationships between clubs in areas of the world known to have significant hunger and those areas with resources to help.
- Encourage Foundation scholar applicants from food sufficient countries to consider studying in another country known to have hunger and malnutrition.
- Conduct a Group Study Exchange with a country (District) that is known to have hunger.
- Work with another club/district on a project and apply for a Foundation matching grant.
- Set up a Rotary advisory committee to help international clubs work more effectively on club/district projects within your country.
- Work with your government to gain permission for Rotary donations of needed supplies to enter your country "duty free".
- Set up a district goal for involvement in international hunger projects and put a plan of action in place that includes recognition of accomplishment.